



TALK IT OVER

THE HEALING PATH (PART 4) | PASTOR TROY STEIN

KEY SCRIPTURES

"The LORD is my shepherd, I lack nothing. ² He makes me lie down in green pastures, he leads me beside quiet waters, ³ he refreshes my soul. He guides me along the right paths for his name's sake. ⁴ Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. ⁶ Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever."

Psalm 23 NIV

"Consider it pure joy, my brothers and sisters,^[a] whenever you face trials of many kinds, ³ because you know that the testing of your faith produces perseverance. ⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything."

James 1:2-4 NIV

START TALKING

Have you ever felt torn or divided? (Please share)

Have you ever felt like you were losing your love? (Please share)

START THINKING

Read Romans 7:19-24. Pastor Troy said, "Powerlessness is caused by one of two roads: the flesh or the devil." How do you feel about that statement? Which road has caused you more difficulty?

Pastor Troy said, "There are three spaces in life where we are likely to experience ambivalence."

1. Blessings: The fulfillment of dreams

Q: Have you felt like your fulfilled dreams fell short of your expectations? (EXPLAIN)

2. Gifts: Glory revealed

Q: Have you felt like your gifts are both a blessing and a cursing? (EXPLAIN)

3. Suffering: Welcoming trials as friends

Q: Have you spent a lot of time & energy trying to avoid suffering? How's that working for you?

In which space have your experiences ambivalence?

START PRAYING

Jesus, please help me. I don't want to get stuck in shame. I choose to hold tight to You. In Your powerful Name, Amen.

START DOING

Commit to listening only to Christian music for this week.